

# Caregiving Resources

- **Elder Options**

- Elder Helpline
  - Senior-specific resources, referrals, internet, meals, caregiver supports, and more. Free.
  - Call [1-800-262-2243](tel:1-800-262-2243)

- **Childcare**

- Early Learning Coalition of the Big Bend (Child Care program that provides tuition assistance to young children that allows them to be in a safe, conducive learning environment to prepare them to enter the school system.)
  - Suwannee
    - 1104 SW Main Blvd, Lake City, FL 32025
    - [\(386\) 752-9770](tel:386-752-9770)